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The Fair Oaks News

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Gorgeous Grandma Day

Tuesday, July 23rd is the next official Gorgeous Grandma Day or take a significant woman who is 50 or older for a day out. Take her to lunch at her favorite restaurant, have a picnic in a sunny park, make it a ladies day with mani and pedicures, simply enjoy ice cream cones together or give her a call if she lives a long distance away.

This is also a good time to remember your loved ones with favorite memories you can share with family members or refresh your memories while looking through a family album.

Source: cnbc.com

July is World Watercolor Month

Paintings contribute to the beauty of homes, offices, and business establishments. If you have the desire to paint, you should try to develop your skill. Learning how to paint is not that difficult especially if you put your heart into it. While you're trying to find a medium to use, perhaps you might want to try watercolor paintings. **Here's why:**

It is easy – when compared to other types of painting, watercolor painting is really easy and you can expect better results in a very short time.

It is fast – there are certain techniques that you should learn in watercolor painting. You may finish your piece in less than an hour and get satisfying results.

It does not smudge – as compared to charcoal and pastel, watercolor painting doesn't smudge.

It dries quickly – in several minutes, your art piece is already dry. If you use oil paints for example, it could take days

or even weeks before the piece dries completely.

'Accidents' can contribute to your creativity – you don't have to worry about accidents during watercolor painting because it can magically develop into something beautiful. You can even pour the watercolor on the paper as you start your painting and see what designs it can create.

Experts say that using watercolor is hard because the artist or painter can't control it easily. For beginners, here's good advice – let the watercolor's magic work. Don't interfere at first and see the designs it can create and start painting from there.

In time, you will be able to control your strokes and create more artistic and unique watercolor paintings. Never stop learning because by doing so, you can develop more interesting and artistic ideas that you can use in your paintings.



Health Care Center

471 W. Terra Cotta Avenue
Crystal Lake, IL 60014
815.455.0550

Nicole Lopez, Administrator

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As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.



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Fair Oaks
Health Care Center

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Happy Birthday!

Best wishes to our residents and staff celebrating birthdays this month.

Residents

Vickie S. 07/06
Dennis O. 07/25

Staff

Araceli C. 07/01
Enrique R. 07/15
Jeff L. 07/15
Bertha B. 07/16
Sophie M. 07/19
Tejal S. 07/19
Lauren W. 07/20
Heather F. 07/21
Irene B. 07/22
Jaclyn K. 07/23
Joanna W. 07/25
Eric P. 07/25
Nicole L. 07/27
Ana T. 07/26
Emmily D. 07/29
Angela R. 07/31

Activities: What have we been up to?

June was an exciting month as we finished painting the two new Fair Oaks birdbaths that the residents and staff worked hard on throughout the month of May. St. Thomas's Preschool students came over and gave an outdoor concert and dance recital for our lovely residents. We also invited families to celebrate Father's Day, June 15th, with a backyard BBQ and lawn games. The residents created lovely golf themed centerpieces for the occasion, which turned out to be very cute. The residents enjoyed participating in Fair Oak's first Happy Hour and it was a great success. On a more serious note, this past June the Director of Nursing has created new signs and has been working with the nurses and families to ensure that proper protocols are being followed when a resident is in isolation due to infection. We ask that families wear the personal protective equipment located outside of the residents' door when visiting a loved one in isolation, or check with a nurse if you are unsure.



Preschool concert

Employee Anniversaries

Ramon J. 6 years
PTA

Maria L. 5 years
Dietary

Kelley W. 5 years
Activities

Joanna W. 2 years
Receptionist

Robin G. 2 years
Social Services

Patti D. 1 year

Activities continued



Resident birdbaths



Father's Day centerpieces

April Employee of the Month

Ana in housekeeping has been with us for 12 years! She is awesome at her job and is very kind to our residents making sure that everything is clean and ready to go. Ana says that she takes pride in knowing that people are impressed by



how clean the building is and that she loves working with the other staff on her team!

May Employee of the Month

Laura has been a nurse with us for a year and loves every moment of it! Laura is a great example of what it means to be a kind and passionate nurse, who is always working in the best interest of the residents. Laura says that there is no better feeling than knowing that the work she does improves the lives of the residents that she works with!



Wish List

We are looking to expand our DVD collection with newer movies for the residents, classics are welcomed too!

- CDs and CD players
- New wired headphones



Your Fair Oaks Staff

It is our goal to make your stay at Fair Oaks as comfortable and pleasant as possible. If you have any questions or concerns please let us know. We are all here to help in any way we can.

Nicole	Administrator
Cari	Director of Nursing
Angela	Asst. Director of Nursing
Robin	Social Services
Samantha	Social Services Asst.
Lori	Business Office Manager
Jeremy	Dietary Manager
Denise	CNA Supervisor
Peter	Maintenance Supervisor
Tiffany	Housekeeping/Laundry
Chrissy	Admissions
Stormie	Activities
Steve	Therapy
Patti	HR Manager

Our office hours vary but you can find one of us here Monday thru Friday between the hours of 7am and 5:30. Most of us do not regularly work weekends but you will find us here on occasion and we are only a phone call away in an emergency.

July 1: US Postage Stamp Day

The US postage stamps share and showcase as much history as the nation itself. As such, the stamp collectors are offered a huge selection of models and designs to choose from. It's what makes stamp collecting an interesting and challenging hobby.

It was in the 1920s when stamp collecting became so widespread. The stamps issued in the United States at that time had been expected to gain considerable value.

This led most Americans in the 1930s to hoard mint US stamps. They hoped to sell them later on for a higher price. This never happened. Up to present, stamps issued in the 1930s are still of the

ordinary value.

Most stamps issued today are generally of ordinary value. Yet, every now and then, high face value stamps come out. Some of the sought after stamps are full souvenir sheets with printing errors.

Today, plate blocks of US postage stamps are still bestsellers. They are what most collectors really aim for. Other hard-to-find stamps are those that complete a series.

If you are starting a collection, there are older United States postage stamps that can be acquired for very affordable values. Cancelled or barely cancelled stamps are also collectable and retain some value.



50th Anniversary of the Moon Landing: July 20

Fifty years ago, on July 20, 1969, people across America stopped to watch their TVs in awe as an event that only seemed possible in science fiction movies happened on screen—Apollo 11, carrying three astronauts, Neil Armstrong, Edwin “Buzz” Aldrin and Michael Collins, landed on the moon. With a captive audience thousands of miles away, Armstrong proclaimed, “That’s one small step for man, one giant leap for mankind.” For three days in space, they conducted experiments, gathered moon rocks, snapped photos, installed a U.S. flag, and returned to Earth safely four days later. This event was not just a monumental moment for these three astronauts or NASA, but a great accomplishment for people everywhere who continue reaching for the stars.

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