

The Fair Oaks News

Where your family becomes part of our family.

Skilled Nursing • Respite Care • Rehabilitation Services



At press time, ALL VISITATION IS RESTRICTED for the protection of residents' health.

National Nursing Assistants Week: June 18-24

Certified Nursing Assistants (CNAs) provide compassionate, hands-on healthcare to patients in medical and residential settings. They assist with everything from bathing and dressing to the basic activities of life. CNAs frequently go above and beyond their professional duties by being supportive, dependable and helpful to the residents they serve. Our CNAs have the unique opportunity to develop close friendships with the residents they serve.

Join us in celebrating our CNAs during National Nursing Assistants Week from June 18-24! We are grateful to have this week to acknowledge their dedication. **Here are a few ideas to show your appreciation:**

1. Give a handmade card.
2. Offer a small gift, like flowers.
3. Give a smile and a sincere "THANK YOU!"

Be sure to let the CNA in your life know what their service means to you.

We Love Our CNAs

Thank you for all that you do!

Free CNA training is available! Call us for details. We've also developed an organization-wide CNA task force (among all WISH SNFs) that meets regularly with leadership staff to help improve communication and develop tools and procedures to support our CNAs.

Fair Oaks

Health Care Center

471 W. Terra Cotta Avenue
Crystal Lake, IL 60014
815.455.0550

Nicole Lopez, Administrator

Like Us On Facebook

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.



WISCONSIN
ILLINOIS
SENIOR HOUSING INC.

FairOaksHealthCare.org

WE ACCEPT CREDIT CARDS

Easter Fun

This Easter was a little different for our residents from years past. But we made sure they enjoyed a delicious honey ham Easter meal and they all received a special treat from the Easter Bunny. You heard he was an essential worker too, right?





Happy Birthday!

Best wishes to our residents and staff celebrating birthdays this month.

Residents

James N.	June 15th
Richard R.	June 15th
Linda S.	June 23rd

Staff

Laura O. (Housekeeping)	June 1st
Lucy W. (PTA)	June 1st
Verenice D. (LPN)	June 17th
Lisa M. (CNA)	June 20th
Kelsey S. (AD)	June 20th

Staff Anniversaries

Holly F. (RN)	31 years
Jeffery L. (Cook)	12 years
Nicole L. (Administrator)	3 years

Letter from a Resident

Lois reached out to our activity staff this past month and wanted us to pass the following message along. Thank you, Lois, for your kind words and passion!

“I wanted to give recognition to staff for keeping us well and going that extra mile to keep us safe.”

– Lois Z.

Letter from the Administrator

I want to give a huge THANK YOU to the amazing staff at Fair Oaks. Working in a nursing home is a bit different than the other medical fields. Many of these residents we have taken care of for a very long time, some for years. We know them on a personal level. We know their favorite food, what kind of music they like, and how they like their hair. We know their families and their favorite memories. They know our families. We share in their happiness and their sadness. We laugh with them...and we cry with them. They have become our family and we have become theirs.

When something threatens our residents, whether it be a virus or anything else, we jump into action. That is exactly what the staff at Fair

Oaks has done. Each and every staff member and department plays a key role in keeping our residents safe. My staff show up every day, push their own fears and anxieties aside, and provide exceptional care. They reassure our residents and families they are safe and that we are here for them. Staff has come together to put themselves between this virus and our residents in order to protect them. They stick together because they know we are #strongertogether.

They are our heroes...my heroes. I am so grateful for each member of my staff, and I could not be prouder to be a part of this family. #fairoaksstrong

- Nicole Lopez



A Car Parade brought Fair Oaks and our families closer together

There were smiles, cheers and even a few tears. WE MISS OUR FAMILIES! We cannot wait until the day we get to reopen the doors to visitors, but in the meantime, this was a fun way to see everyone. Thank you to all who participated to make our parade a big success. #strongertogether #fairoaksstrong



We did not let Cinco De Mayo pass us by without some Margaritas and chips and salsa



Do we have an updated email address for you? We send updates, news, and party invitations through email and we want to make sure you are included. Please contact Robin Goritz, Social Services Director, at (815)455-0550 or email rgoritz@carriagehealthcare.com to update.

Online Safaris and Underwater Adventures



What is your favorite wild animal? Elephant? Lioness? Or maybe it's a penguin? Have you ever wondered how long sea turtles live? Or know that otters use "tools" to eat their food? Watch your favorite animals through live webcams, explore habitats, learn about diets and discover underwater ecosystems and species from around the world by taking an online zoo safari or deep-sea aquarium dive from the comfort of your own home.

Start your exploration today at the following zoos and aquariums. If you don't see your favorite listed, be sure to google additional locations. Some of these sites also offer at-home activities to keep the fun going!

Zoos

Smithsonian's National Zoo and Conservation Biology Institute.

Watch the giant pandas, cheetah cubs and more. www.nationalzoo.si.edu

Detroit Zoo. Grab a dose of "Virtual Vitamin Z" with educational online videos and live habitat cams. www.detroitzoo.org

San Diego Zoo. Hang out with apes, elephants, koalas, tigers and more. www.zoo.sandiegozoo.org/live-cams

Aquariums

Shedd Aquarium. Learn about how the Shedd rescues and rehabilitates endangered species. www.sheddaquarium.org

Monterey Bay Aquarium. Meet their new African penguins or watch a live cam of rescued otter pups. www.montereybayaquarium.org

These online encounters are not only educational and entertaining to watch, but they also may offer a relief from boredom, overeating and anxiety, so go online and learn some new fun facts about your favorite land or sea creatures.

Job Postings

CNA: Full-time and part-time, PM shift, night shift & PRN available

RN/LPN: Part-time (every other Friday PM) & PRN

Dietary: Part-Time with opportunity to pick up additional hours

Housekeeping: Full-time AM

WISH List: We are always accepting donations throughout the year and our grateful for the support of our community. Our Activities Department is specifically looking for Bingo prizes which typically include age appropriate, clean knick-knacks or individually wrapped sugar-free candy. Please contact our Activity Director, Kelsey, at (815)455-0550 for specific details or any questions. Thank you!

Your Fair Oaks Staff

It is our goal to make your stay at Fair Oaks as comfortable and pleasant as possible. If you have any questions or concerns please let us know. We are all here to help in any way we can.

Nicole	Administrator
Cari	Director of Nursing
Angela	Asst. Director of Nursing
Robin	Social Services
Samantha	Social Services Asst.
Lori	Business Office Manager
Lavetta	Dietary Manager
Tracy	CNA Supervisor
Peter	Maintenance Supervisor
Tiffany	Housekeeping/Laundry
Chrissy	Admissions
Kelsey	Activities
Steve	Therapy
Patti	HR Manager

Our office hours vary but you can find one of us here Monday thru Friday between the hours of 7am and 5:30. Most of us do not regularly work weekends but you will find us here on occasion and we are only a phone call away in an emergency.

DONATE SAFELY AND EASILY ONLINE:

FairOaksHealthcare.org/Donate

